Center for Tobacco Research and Intervention, School of Medicine and Public Health

Allison Gorrilla agorrilla@ctri.wisc.edu

Tobacco Dependence Treatment Practices, Beliefs, and Barriers

Agency name:

Your title:

Practice

In the past month, how frequently did you: (Never, Sometimes, Always)

- 1. Ask your clients whether they smoked?
- 2. Advise clients who smoke to quit smoking?
- 3. Assess client's interest in quitting or reducing smoking?
- 4. Assist clients who want to quit smoking by providing counseling?
- 5. Assist clients who want to quit smoking with a referral to the Wisconsin Tobacco Quit line?
- 6. Assist clients who want to quit by providing medication or referring client to their primary care provider for medication?
- 7. Assist clients not ready to quit by providing a motivational intervention?
- 8. Arrange a follow-up visit or phone call to discuss progress towards quitting?

Beliefs

Please indicate your level of agreement or disagreement with the following statements: (Strongly disagree, Somewhat disagree, Somewhat agree, Strongly agree)

- 1. If a client has been in recovery from alcohol or other drugs for less than 6 months, quitting smoking would threaten their sobriety
- 2. If we require clients to stop smoking they will go to a different treatment program
- 3. Tobacco dependence treatment is an important part of my agency's mission
- 4. I have the skills required to tailor cessation counseling to my client's needs
- 5. My clients who smoke want to quit smoking
- 6. I know where to refer clients for help with smoking cessation
- 7. My agency would do more to integrate treatment of tobacco dependence if our staff had better training
- 8. We need support and technical assistance to make the system changes to implement and enforce a policy that supports tobacco-free recovery

Barriers

What are the most important barriers to you to offering tobacco dependence treatment ?(Very important, not at all important)

1. Clients are not interested

- 2. Lack of time
- 3. Lack of reimbursement
- 4. Lack of community resources to refer client
- 5. Lack of patient education
- 6. Lack of training
- 7. Other competing health priorities

What would it take for you organization to adopt and enforce a comprehensive tobacco free policy and provide tobacco dependence treatment?