DTTAC Master Trainer Select Application Questions

Please describe your organization’s relationship (if any) with the state health department in your state (for example: our organization participates on a state diabetes prevention collaboration call or our organization received grant funds to deliver the DPP to specific target populations, etc.):

How would you describe the setting of your organization?
- Rural
- Suburban
- Urban
- Other

What is the size of your organization?
- Small (1-50 employees)
- Medium (51-250 employees)
- Large (251-1,000 employees)
- Enterprise/System (1,001+ employees)

What is your organization’s recognition status through the CDC Diabetes Prevention Recognition Program (DPRP)?
- My organization has full recognition
- My organization has pending recognition
- My organization has preliminary recognition
- My organization does not have recognition
- We have not applied for DPRP
- I do not know my organization’s recognition status

What year did your organization start delivering the National DPP?

Does your National DPP server any priority populations?
- Low income
- Medicaid
- Ethnic minorities
- Other
Which CDC approved curriculum is in use at your organization?

- Original 2012 curriculum
- Prevent T2 curriculum
- Other

On average, how many National DPP lifestyle change groups does your organization offer per year?

- 1-2
- 3-5
- 6-8
- 9+

How many trained lifestyle coaches are currently at your organization?

Does your organization currently charge participants money to participate in the National DPP?

- Yes
- No

Does your organization currently bill any third party payers for the National DPP (e.g. Aetna)?

- Yes
- No

Is your organization currently a MDPP provider?

- Yes
- No
- In progress
- Unknown

Do you partner with any other organizations in the community, region, and/or state for National DPP program delivery?

- Yes
- No
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Approximately, how many Lifestyle Coach trainings would you plan to conduct in your first year as a Master Trainer Select?

- 0
- 1-2
- 3-5
- 6-8
- 9+
- I do not know at this time

Does your organization/network have a multi-state footprint where you hope to provide Lifestyle Coach training? If yes, please describe:

Please describe how you as the Master Trainer Select for your organization and network will provide ongoing mentoring, support, and/or fidelity checks to the coaches you train (please be specific):

About Your Training as a Lifestyle Coach

Have you been formally trained as Lifestyle Coach?

- Yes
- No

In what year did you attend Lifestyle Coach Training?

- 2011
- 2012
- 2013
- 2014
- 2015
- 2016
- 2017
- 2018
- 2019
- 2020
- I do not remember
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In what CITY and STATE did the Lifestyle Coach training take place?

Which of the following CDC-designated providers delivered your training session? (Please select one)

- American Association of Diabetes Educators (AADE), Diabetes Prevention Program (DPP)
- Black Women’s Health Imperative
- Center for Excellence in Aging & Community Wellness, Quality and Technical Assistance Center (QTAC)
- Diabetes Training and Technical Assistance Center (DTTAC), The Emory Centers for Training and Technical Assistance at Emory University
- Magnolia Medical Foundation
- Solera Health Inc.
- State of Wellness
- Innovative Wellness Solutions
- Virginia Center of Diabetes Prevention & Education
- None of them above (Please name the Organization and the Master Trainer with whom you trained).

Your Experience as a Lifestyle Coach

In what formats have you delivered the National DPP Lifestyle Change program? Check all that apply.

*Please note: DTTAC Master Trainer Select training prepares trainers to deliver Lifestyle Coach training within their organization for in-person delivery of the program only.

- Small group, in-person (meetings with up to 20 participants)
- Large group, in-person (meetings with at least 21 participants)
- Virtual delivery (online meetings or teleconferences)
- Combination (hybrid or both in-person and virtual)

How many in-person groups have you personally led and completed (full year) as a Lifestyle Coach since being trained as a Lifestyle Coach?

Reflecting on your lifestyle coach training experience, what do you believe was the most important message about being a Lifestyle Coach and/or about the program that your Master Trainer was trying to convey?
What was one of the biggest challenges you faced when you began leading the lifestyle change program as a Lifestyle Coach? How did you overcome it, and what did you learn from it?

*Please answer in about 7 to 10 sentences.*

How do you as a lifestyle coach, resist the temptation to answer all the questions and/or give directive advice to participants?

Please describe your approach to reviewing participant food trackers?

Please describe how you and your organization have addressed the common challenge of participant retention in the lifestyle change program?

What approach do you take as a lifestyle coach when on or more participants are not making progress towards their lifestyle change goals?

**Your Role as a Master Trainer Select**

Please explain why you want to become a Master Trainer Select.

*Please answer in about 1 to 3 sentences.*

Please name one skill you think is essential to being a Master Trainer Select. Provide an example of how you have applied this skill as a facilitator/trainer. *Please answer in about 7 to 10 sentences.*

If you become a Master Trainer Select for your organization, please describe who you plan to train as Lifestyle Coaches (e.g. other staff, volunteers, representatives from your affiliates, partners, or grantee organizations). Please explain in as much detail as possible.

**A Master Trainer Select can ONLY provide Lifestyle Coach training to those within their organization and network for delivery of the DPP lifestyle change program.**
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Will your organization be training lifestyle coaches from your network that are under a separate DPRP from your organization? If so, please describe 1. The relationship of these organizations to yours, and 2. How you will provide ongoing support to those coaches specifically:

Please describe any other experience you have as a facilitator/trainer that could be relevant to the role of Master Trainer Select:

Are there any other comments or thoughts you would like to share at this time?